

Uvavanyo Lwezonyango



Uphononongo lwe-STEER OAV101B12301

Iphaspoti yophononongo

 **NOVARTIS** | Reimagining Medicine

Wamkelekile kuPhononongo lwe-STEER!

Le phasposti iza kukunceda ekugcineni iimvavanyo zakho zophononongo namatyelelo.

Uza kufumana isitampu kutyelelo ngalunye olugqibileyo.

lingcombolo zelela lophononongo

Igama: _____

Inombolo yomnxeba: _____

I-imeyile: _____

Igama: _____

Inombolo yomnxeba: _____

I-imeyile: _____

Ukuba kuphononongo lukhetho lwakho
kwaye ungalushiya nanini na.

Ndim lo! _____

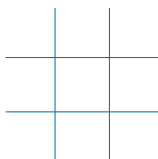
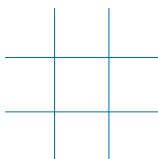
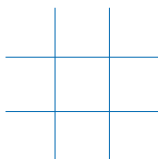
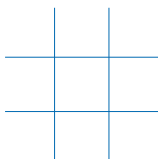
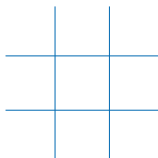
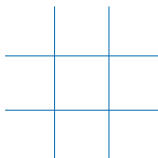
Zoba umfanekiso wakho

Iflegi yam _____

Zoba iflegi yelizwe lakho

**Umhla endiqale
ngawo uphononongo:** _____

Tic-tac-toe:



Uphononongo lwe-STEER

Uza kuba kuPhononongo lwe-STEER ukuya kwiinyanga ezili-17 kwaye utyelelewe ngugqirhha malunga nezihlandlo ezingama-29 ukuze kuhlolwe impilo kwenziwe neemvavanyo. Uzophonde uhlale ubusuku bonke esibhedlela izihlandlo ezimbini. Umzali wakho okanye umgcini osemthethweni angahlala nawe.

Uhlobo

Ukuya kwiintsuku ezingama-60 |

Ubuncinane bamatyelelo ama-2

Isiseko (ukuqalisa kophononongo)

Usuku olu-1 ngaphambi kokuqalisa konyango |
utyelelo olu-1

Ixesha 1 Lonyango

Ukuhlala esibhedlela

Ixesha 1 Lolandelelo

liveki ezingama-52 (unyaka om-1) |
amatyelelo ali-18

Ixesha 2 Lonyango

Ukuhlala esibhedlela

Ixesha 2 Lolandelelo

liveki ezili-12 (iinyanga ezi-3) |
amatyelelo asi-8

Uhlolo Ubuncinane bamatyelelo ama-2

Ngaphambi kokuba uqalise uphononongo, abazali bakho baza kutyikitya **iFomu yeMvume enoLwazi** ukuze banikele ngemvume yabo yokuba ungazibandakanya. Usenokukutyikitya **iFomu yeMvume enoLwazi** xa uvuma.

Ugqirha uza kubuza imibuzo emalunga nempilo yakho aze enze iimvavanyo ukuqinisekisa ukuba uphononongo lukulungele.



Uvavanyo lwegazi



Ubunzima bomzimba



Uvavanyo lokuphefumla



Uxilongo



Ukulinganiswa kwentloko



Imbali yezempilo



Umsebenzi wentliziyo



Umfanekiso wentliziyo



Ubude



Uhlolo lweyeza



Uhlolo lwemo



Isakhono sentliziyo



Uxilongo
lwemithambo-
luvo



Uvavanyo
lokuginya



Uvavanyo
lomchamo



Iimpawu
ezibalulekileyo



Ubunzima



I-X-ray

Awuyi kuzenza zonke ezi mvavanyo kuwo omabini amatyelelo.

I-STAMP

I-STAMP

Utyelelo olusisiseko Ukuqala kophononongo



Uvavanyo
lwegazi



Ubunzima
bomzimba



Uvavanyo
lokuphefumla



Uxilongo



Ukulinganiswa
kwentloko



Umsebenzi
wentliziyo



Ubude



Uhlolo
lweyeza



Isakhono
sentliziyo



Ukubeka iso
intshukumo*



Iswabhu
yempumlo



Uxilongo
lwemithambo-
luvo



Uvavanyo
lwamathe



Uvavanyo
lwelindle



Uvavanyo
lokuginya



Uphawu
lwenqaku



Uvavanyo
lomchamo



Iimpawu
ezibalulekileyo



Ubunzima

*Kwabanye babathathi-nxaxheba kuphela.
Leento inokwenziwa ekhaya.

I-STAMP

Unyango

Olu phononongo lunamaxesha ama-2 onyango.
Ngalunye, uzohlala esibhedlela iintsuku ezimbalwa.

Icandelo 1

Ngoxa kuqhubeka ixesha 1 lonyango, ua
kubekwa kwiqela ngokungacwangciswanga
ukuze ufumane enoba:

**Isitofu ohlatywa
kube kanye sonyango
lophononongo (i-OAV101)
emazantsi omqolo wakho**

okanye

**Ukuhlatywa
ngenaliti eluswini
lamazantsi omqolo
wakho (akukho yeza)**

Ingqondo

Ithambo
lomqolo

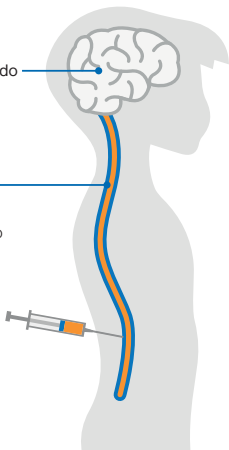
Icandelo 2

Malunga nonyaka om-1 wotyelelo
lophononongo, unokungenela
Inxalenye 2 yonyango.

**Ukuba ukhe wafumana
isitofu sonyango
lophononongo ngexesha
leNxalenye 1, ngoku uza
kuhlatywa ngenaliti.**

okanye

**Ukuba ubukhe wahlatywa
ngenaliti ngexesha
leNxalenye 1, ngoku uza
kufumana isito sonyango
lophononongo.**



Unyango 1 Ukuhlala esibhedlela



Uvavanyo lwegazi



Uxilongo



Uhlobo lweyeza



Iswabhu yempumlo



Uxilongo lwemithambo-luvo



Uvavanyo lwamathe



Inaliti yethambo lomqolo



Uvavanyo lwelindle



Uvavanyo lomchamo



Iimpawu ezibalulekileyo



Ubunzima

Uzophinde uhlolwe kujongwe ukuba ingaba unyango lukwenza uzive ugule.

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Ulandelelo 1 amatyelelo ali-18



Uvavanyo
lwegazi



Ubunzima
bomzimba



Uvavanyo
lokuphefumla



Uxilongo



Umsebenzi
wentliziyo



Umfanekiso
wentliziyo



Ubude



Uhlolo
lweyeza



Uhlolo
lwemo



Isakhono
sentliziyo



Ukubeka iso
intshukumo*



Iswabhu
yempumlo



Uxilongo
lwemithambo-
luvo



Uvavanyo
lwamathe



Inqaku
le-SMA



Uvavanyo lwelindle



Uvavanyo lokuginya



Uphawu lwengaku



Uvavanyo lomchamo



Iimpawu ezibalulekileyo



Ubunzima



I-X-ray**

*Kwabanye babathathi-nxaxheba kuphela. Leento inokwenziwa ekhaya.

**Utyelelo lokugqibela kuphela.

Awuyi kuzenza zonke ezi mvavanyo kuwo omabini amatyelelo.

Uzophinde uhlolwe kujongwe ukuba ingaba unyango lukwenza uzive ugule.

Ulandelelo 1 amatyelelo ali-18

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Unyango 2 Ukuhlala esibhedlela



Ubunzima bomzimba



Uxilongo



Uhlolo lweyeza



Iswabhu yempumlo



Uxilongo lwemithambo-luvo



Uvavanyo lwamathe



Inaliti yethambo lomqolo



Uvavanyo lwelindle



Uvavanyo lomchamo



Iimpawu ezibalulekileyo



Ubunzima

Uzophinde uhlolwe kujongwe ukuba ingaba unyango lukwenza uzive ugule.

I-STAMP

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Ulandelelo 2 amatyelelo asi-8



Uvavanyo lwegazi



Ubunzima bomzimba



Uvavanyo lokuphefumla*



Uxilongo



Umsebenzi wentliziyo



Umfanekiso wentliziyo



Ubude



Uhlolo lweyeza



Uhlolo lwemo



Isakhono sentliziyo



Ukubeka iliso intshukumo**



Iswabhu yempumlo



Uxilongo lwemithambo-luvo



Uvavanyo lwamathe



Inqaku le-SMA

*Utyelelo lokugqibela kuphela.

**Kwabanye babathathi-nxaxheba kuphela. Leento inokwenziwa ekhaya.

Ulandelelo 2 amatyelelo asi-8

(iyaqhubeka)



Uvavanyo
lwelindle



Uvavanyo
lokuginya



Uphawu
lwenqaku



Uvavanyo
lomchamo



Iimpawu
ezibalulekileyo



Ubunzima

Awuyi kuzenza zonke ezi mvavanyo kuwo omabini amatyelelo.

Uzophinde uhlolwe kujongwe ukuba ingaba unyango lukwenza uzive ugule.



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Uluhlu lwamagama:



Uhlolo lwegazi: lisampuli ezincinci zegazi ziza kuthathwa ukuze kujongwe ukuba lingakanani iyeza elisemzimbeni wakho nokuba inoba lenza ntoni ngaphakathi emzimbeni wakho. Amantombaza asele eqalise ukuya exeshen nawo aza kuvavanywa igazi ukuze kujongwe ukuba akakhulelwanga kusini.



Ubunzima bomzimba: Ugqirha uza kubala ukuba umzimba wakho unamafutha amangakanani ngokunxulumene nobude nobunzima bakho.



Uvavanyo lokuphefumla: Uza kuphefumlela kwityhubhu encanyatheliswe kwikhompyutha ukuze kulinganiswe ukuba ungakanani umoya okwaziyo ukuwutsala nokuwukhupha emiphungeni yakho nokuba uwukhupha ngokukhawuleza kangakanani umoya emiphungeni yakho.



Uxilongo: Ugqirha uza kuxilonga iinxalenye ezohlukeneyo zomzimba wakho, njengentliziyo, imiphunga, imisipha, nesisu.



Ukulinganiswa kwentloko: Iqela lophononongo liza kusongela iteyiphu yokulinganisa enwebenkayo entlokweni yakho ukubona ukuba inkulu kangakanani intloko yakho.



Imbali yezempilo: Ugqirha uza kukubua imibuo emalunga nempilo yakho, i-SMA yakho, nalo naluphi utyando owakha walwenza.



Umsebenzi wentliziyo: Uvavanyo olulula olubizwa nge-electrocardiogram (ECG) luza kusetyenziswa ukuhlola umsebenzi wombani (isigqi) entliziyweni yakho. Kolu vavanyo, uya kungqengqa kwaye iipads ezincinci, ezincangathi ziya kuncamathiselwa kulusu lwakho. Iphedi zidiyaniswe namacingo zaxhunywa kwikhompyutha.



Umfanekiso wentliziyo: Uvavanyo olungaqaqambi olubizwa nge- echocardiogram isebenzisa amaza esandi ukubona indlela empompa ngayo intliziyo yakho nokubetha kwayo ngaphathi emzimbeni wakho.



Ubude: Ugqirha wophononongo uza kusebenzisa iteyiphu yokulinganisa alinganise ubude bomlenze wakho (ukususela edolweni ukuya kwiqakala) ukuze abale ukuba umde kangakanani.



Uhlolo lweyeza: Ugqirha uza kukubiza imibuzo emalunga namayeza owasebenzisayo ngoku okanye okhe wawasebenzisa kwixesha langaphambili.



Uhlolo lwemo: Uza kuphendula eminye yemibuzo malunga nemo yakho naxa uziva udakumbile.



Isakhono sentshukumo: Iqela lophononongo liza kujonga ukuba uzenza kakuhle kangakanani iintshukumo ezithile. Baza kukunika amangaku ngokuya kwezakhono zomzimba wakho.



Ukubeka iliso intshukumo: Abanye abathathi-nxaxheba baza kukhethwa ukuba banxibe isixhobo esiqaphela intshukumo yabo esihlahleni sabo ngoxa besekhaya ukuze kujongwe intshukumo yabo.



Iswabhu yempumlo: Ugqirha uza kuqokelela isampuli ngononophelo ngokukhuhla ngaphakathi kwempumlo yakho ngeswabhu yekotini.



Uxilongo lwemithambo-luvo: Ugqirha wophononongo uza kuhlola ukuze abone ukuba iinxalenye ezohlukeneyo zomzimba wakho zivakalelwa kakuhle kangakanani.



Uvavanyo lwamathe: Uza kukhafulela ekomityini kwaye isampuli iza kuvavanywa ukuze kubonwe ukuba inoba lenza ntoni iyeza ngaphakathi emzimbeni wakho.



Inqaku le-SMA: Iqela lophononongo liza kusebenzisa inkubo yokufumana amanqaku ukuze lilinganise enoba iphucuka njani i-SMA yakho.



Inaliti yethambo lomqolo: Isixa esincinci sencindi endaweni ejikeleze ithambo loqolo wakho iza kususwa kusetyenziswa inaliti encinci. Incindi yethambo lomqolo iza kuvavanywa ukuze kubonwe ukuba umzimba wakho usabela njani kunyango.



Uvavanyo lwelindle: Isampuli encinci yelindle lakho iza kuthathwa ize ivavanywe ukubona enoba lwenza ntoni unyango ngaphakathi emzimbeni wakho.



Uvavanyo lokuginya: Ingcali iza kujonga ukuba utya uze uginye kakuhle kangakanani.



Inqaku lempawu: Iqela lophononongo liza kusebenzisa inkqubo yokufumana amanqaku ukuze ilinganise iimpawu ze-SMA nokuba isichaphazela njani isakhono sakho sokwenza imisebenzi yemihla ngemihla.



Uvavanyo lomchamo: Uza kucelwa ukuba uchamele emagini (umchamo) kwaye umchamo wakho uza kuvavanyelwa izinto ezithile ezifana neswekile, iprotheyini, kunye negazi. Amantombaza asele eqalise ukuya exeshen nawo aza kuvavanywa igazi ukuze kujongwe ukuba akakhulelwanga kusini.



Iimpawu ezibalulekileyo: Ugqirha wophononongo uza kuhlola iqondo lakho lobushushu, abale ukuba utsala umoya izihlandlo ezingaphi umzuzu ngamnye, abale ukuba intliziyo yakho ibetha izihlandlo ezingaphi umzuzu ngamnye, nomfutho wegazi lakho ukubona ukuba impompa njani intliziyo yakho.



Ubunzima: Ugqirha wophononongo uza kulinganisa ubunzima bakho esikalini ngaphandle kwezihlangu ngoxa unxibe impahla elula. Kukho umntu ozokunceda ukuba ume esikalini aze akubambe ngoxa ulinganiswa ubunzima.



I-X-ray: I-X-ray isetyenziselwa ukuthatha imifanekiso emnyama nemhlophe yangaphakayhti emzimbeni wakho. Uza kwenziwa i-X-ray esifubeni nasemqolo wakho.

Amanqaku:
